

Junior Golf Development Plan

The essence of the Junior Golf Development Plan is to provide guidance to the players throughout their golfing lives and at the same time introduce children to the skills and progressions that will allow them to strive to become high performance competitive players or recreational participants for life.

9 Stages of Long-Term Player Development

Active Start and Fundamentals – Ages 0-6

Learn fundamental movements.

Learn to Play – Ages 8-12

Learn overall golf skill.

Train to Play – Ages 11-16

Optimize skill set and build on competition.

Learn to Compete – Ages 16-18

Work specific skills and on overall performance.

Train to Compete - Ages 18+

Optimizing overall skill set.

Train to Excel – Ages 23+

Strive for continued improvement in golf specific skills and fitness.

Excel – Become an elite player

Active For Life - Enjoy

Levels are based on age and skill level.

Contact Rob for additional details on the program.

Making Your Golf Game Better.
Making Golf A Better Game.



Rob Sedorcek

rss@pga.com

314.560.1446

robsedorcekgolf.com

2020

The Premier Golf Academy

At Family Golf & Learning Center

Delivered by: Rob Sedorcek

PGA Golf Professional



Rob Sedorcek

As one of the top golf teachers in the Mid-West, Rob is very passionate about the game. His desire to give back to the game that has been so good for him throughout his lifetime is his purpose.

Sedorcek Swing Solutions, is not just about teaching the golf swing but all aspects of the game. Rob teaches the fundamentals of the game as it applies to each person's ability, talent and limitations. Rob has much success with taking young students to become highly competitive golfers.

Coach Rob's students have played in the Masters, U.S. Open, Korn Ferry Tour, Latin Tour, Asian Tour, McKenzie Tour and participated in the National Drive, Chip and Putt. Rob teaches to all levels, ages and abilities. Rob has been honored by Golf Digest, US Kids Golf, Gateway PGA Section for being the Best in his field. His playing resume is just as impressive which includes two Senior PGA Championships, three time Gateway Section Senior Player of the Year. His swing solutions have been featured in national publications, Golf Channel and ESPN.

##Coach of 2-time AJGA Champion, Missouri State High School Champion - **Brooke Biermann**

##Korn Ferry Tour – **Chris Neagle**

##US Am Runner Up – **John Kelly**

Path to Par

8-Month Commitment.

- Unlimited 45-minute Private Sessions
- Putting
- Short Game
- Half Wedges
- Bunkers
- Develop and Consistent Swing

\$2500 per Adult

\$2000 per Teen

\$1500 per Junior

Road To A Better Game

4-Month Commitment

- Unlimited 45-minute Private Session per month
- Develop a consistent golf swing
- Learn fundamentals of; putting, chipping, bunkers, pitching, and full swing

\$1400 per person

\$1200 per teen

\$1000 per junior

Private Sessions

Individual Session (Lesson Length 45-minutes)

45-Minute \$100

Teen (Ages 13-19) \$75

Junior (Ages under 12) \$50

Packages

5 Pack of Lessons \$450 Adult

\$340 Teen

\$230 Junior

10 Pack of Lesson \$850 Adult

\$640 Teen

\$430 Junior

The Premier Golf Academy

Our Mission is to promote the game of golf in a fun and entertaining format that is stimulating to all ages and all skill levels by offering programs that meet the needs of our patrons.

Offerings for 2020

*Get Golf Ready *Get Golf Ready Next

*Short Game Schools *Junior Golf Camps

*Junior Golf Development Program

*Golf 360